IS THAT A DOCTOR IN YOUR POCKET?
MEDICAL AND HEALTH INFORMATION ON THE GO

Guest Speaker:
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Host:
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Introduction

- Library Guide
- Journal Articles
- Consumer Health
- Medications
- Diseases & Conditions
- Mental Health
- Public Health
- Other
Mobile Health Apps & Sites Guide

Library Guides

Mobile Health Apps & Sites
Top: apps, health, mhealth, mobile
Last Updated: Feb 25, 2014
URL: http://libguides.metrostate.edu/mobilehealthapps

What's in This Guide
Accompanies the presentation: Is that a Doctor in Your Pocket? Medical and Health Information on the Go by Martha Hardy

This library guide includes information about mobile health apps and websites that are available to the public free of charge.

- Consumer Health
- Journal Articles
- Clinical Resources
- Medications
- Diseases & Conditions
- Public Health
- Games
- Other Health Topics

Ask Us
Available
Ask a Librarian

Library and reference desk hours of service
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Information desk: (651) 793-1616
library.services@metrostate.edu
Welcome to PubMed Mobile.

PubMed comprises more than 23 million citations for biomedical literature from MEDLINE, life science journals, and online books. Citations may include links to full-text content from PubMed Central and publisher websites.
"dental caries" AND prevent* AND sealant*

Search Results (1442)

Filter by Free Full Text or Review

A dental hygienist's view of caries management.

The contemporary approach to tooth preservation: minimum intervention (MI) caries management in general practice.

In vitro comparison of the bond strength to the enamel of conventional and self-etching dental fissure sealants.

Preventing carious lesions. Clinical steps for applying a newly introduced hydrophilic sealant.

Caries prevalence in 12-year-old children from Germany: results of the 2008 national survey.

The atraumatic restorative treatment (ART) strategy in Mexico: two-years follow up of ART sealants and restorations.
PubMed for Handhelds

PubMed for Handhelds (PubMed4HH)
National Library of Medicine
The world’s largest medical library

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search

CONSENSUS
ABSTRACTS

ask
MEDLINE

CQs
Clinical Queries

Journal
Browser

TBL/Abstracts

ARCHIVE
PubMed for Handhelds - PICO

Search MEDLINE/PubMed via PICO
Patient, Intervention, Comparison, Outcome

Patient/Problem: medical condition
Intervention: therapy, diagnostic test, etc.
Comparison: outcome
Outcome: outcome
Pub Type: Not specified
Pit and fissure sealants for preventing dental decay in the permanent teeth of children and adolescents.
Anneli Ahovuo-Saloranta, Anne Hiiri, Anne Nordblad, Marjokka Mäkelä, and Helen V Worthington; Cochrane database of systematic reviews(4):CD001830-CD001830 (2008)

Although pit and fissure sealants are effective in preventing caries, their efficacy may be related to the caries prevalence in the population.

The primary objective of this review was to evaluate the caries prevention of pit and fissure sealants in children and adolescents.

We searched the Cochrane Oral Health Group Trials Register, CENTRAL (The Cochrane Library 2007, Issue 3) and MEDLINE (to October 2007); EMBASE (to June 2007); SCISEARCH, CPlus, INSPEC, NTIS, PASCAL, DARE, NHS EED and HTA (to February 2008). There were no language or publication restrictions.

Randomised or quasi-randomised controlled trials of at least 12 months in duration comparing sealants with no sealant or sealants from different classes of materials for preventing occlusal caries in children and adolescents under 20 years. The primary outcome was the increment in the numbers of carious occlusal surfaces of premolars and molars.

Two review authors independently screened search results, extracted data and quality assessed trials. Risk ratios (RR) were calculated for differences between intervention and control groups and in split-mouth studies for differences of paired tooth surfaces being carious or not. The meta-analyses were conducted using a random-effects model.
Sixteen studies were included in the review; 7 studies provided data for comparison of sealant versus control without sealant and 10 studies for comparison of sealant versus
Gale
iTriage

The Symptom-to-Provider Pathway

No ordinary symptom checker. Start with any symptom, find and understand the causes, get the right medical help in your location, and book your appointment or check in with a facility.

Medical Resources to Fit Your Needs

Use iTriage to find over a million doctors, hospitals, urgent cares, pharmacies and clinics, to meet your needs. Research thousands of conditions, procedures, medication, health news and save them for easy access later.

To get started, make a selection from the menu on the left.
Jaw swelling
A swelling in the jaw that is firm...

Common Symptoms
- Variable pain or no pain
- Warm to touch or normal

Risk Factors
- Infected or dead tooth
- Cyst or tumor
- Some bone diseases

Treatment
If your dentist suspects a tooth is the cause of the problem, your dentist will test the vitality of the tooth's nerve and take x-ray films to determine the cause of the swelling. Based on the results, treatment of the involved tooth will be started, or you may be referred to another dentist or physician for further testing.

Action to Take
See a dentist to determine the cause of the swelling and treat accordingly.
Family Plan

Get started by adding a Family member to your plan

Add a Family Member
Patient Journal

Edit Journal

Day 1  Tue, Feb 25  Today

- Parking Place
- Medical Team
- Daily Goals
- Medication
- Procedures
- Diet
- Questions
- Thoughts

Main  Edit  View  Email
Drug Info

Drug Information Portal

Search names and categories for 47,837 drugs.

- By Name  By Category

Help and Examples

Show top "By Name" searches (previous seven days).

Show top "By Category" searches (previous seven days).

Show top dispensed prescription in US Market, 2010

Show list of resources searched

Drug/Category Name Listings
Epocrates
Epocrates – Drug Interactions

Screen showing interaction between Dilacor XR and Lipitor:
- Dilacor XR (diltiazem) + Lipitor (atorvastatin)
- Avoid / Use Alternative:
  - diltiazem + atorvastatin

Cardiovascular
- Dental/Oral Care
- Dermatologic
- Emergency
- Endocrine/Metabolism
- Gastrointestinal
- Genitourinary
My Medlist

Add current medication

Current Medications

- propranolol
- hydrochloride 120 MG...
AIDSInfo

Updated Pediatric Guidelines now available

Download

Guidelines
Clinical Trials
Drugs
HIV/AIDS Health Topics
Cancer.Net

Oncologist-Approved Information from the American Society of Clinical Oncology

Cancer Types
Choose from 120 Cancer Types

All About Cancer
Newly Diagnosed
Treating Cancer
Managing Side Effects
Managing Your Care
Clinical Trials
Managing the Cost of Cancer Care

Coping
Emotional and Physical Matters
Relationships and Cancer
m.cancer
Breathe to Relax
NIDA – National Institute on Drug Abuse
MyEpilepsy
mTBI
PTSD Coach
Wellscapes

Using nature to promote wellbeing

Forest Awakens - Rejuvenation

Autumn Splendor - Letting Go
UN Country Stats

Change countries
- United States of America
  Northern America

Change indicator
Life expectancy of males at birth (years)

Show graph
# Health Stats

<table>
<thead>
<tr>
<th>Indicators</th>
<th>2007</th>
<th>2008</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pregnant women receiving prenatal care of at least four visits (% of pregnant women)</td>
<td>...</td>
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<tr>
<td>Births attended by skilled health staff (% of total)</td>
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<td>Maternal mortality ratio (modeled estimate, per 100,000 live births)</td>
<td>...</td>
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<td>...</td>
<td>21</td>
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<td>Lifetime risk of maternal death (1 in: rate varies by country)</td>
<td>...</td>
<td>...</td>
<td>2,400</td>
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<tr>
<td><strong>Health Financing</strong></td>
<td></td>
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<tr>
<td>Health expenditure, total (% of GDP)</td>
<td>16.2</td>
<td>16.6</td>
<td>17.7</td>
<td>17.6</td>
<td>17.9</td>
</tr>
<tr>
<td>Health expenditure, public (% of GDP)</td>
<td>7.3</td>
<td>7.6</td>
<td>8.4</td>
<td>8.5</td>
<td>8.2</td>
</tr>
<tr>
<td>Health expenditure, private (% of total health expenditure)</td>
<td>54.8</td>
<td>54.0</td>
<td>52.7</td>
<td>51.8</td>
<td>54.1</td>
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<td>Health expenditure per capita (current US$)</td>
<td>7,482.5</td>
<td>7,769.5</td>
<td>7,989.9</td>
<td>8,232.9</td>
<td>8,607.9</td>
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<tr>
<td><strong>Immunization</strong></td>
<td></td>
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<tr>
<td>Immunization, measles (% of children ages 12-23 months)</td>
<td>92</td>
<td>92</td>
<td>90</td>
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<tr>
<td>Immunization, DPT (% of children ages 12-23 months)</td>
<td>95</td>
<td>96</td>
<td>95</td>
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<tr>
<td><strong>Infectious Diseases</strong></td>
<td></td>
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<tr>
<td>Use of insecticide-treated bed nets (% of under-5 population)</td>
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<td>...</td>
<td>...</td>
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</tr>
<tr>
<td>Incidence of tuberculosis (per 100,000 people)</td>
<td>5</td>
<td>5</td>
<td>4</td>
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</tr>
</tbody>
</table>
Human Genome
Native Voices

Spirituality

Traditional healing addresses spirituality while modern medicine does not.

Kenneth York, Ph.D. is director of tribal development for the Mississippi Band of Choctaw Indians. He and Dr. Lindberg discuss casino gambling and the development of tribal resources, as well as Native healing, and the struggles of self-destructive behavior.
Virtual Heart
Solve the Outbreak
Mobile Health Apps & Sites Guide

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